

Dental First Aid

The Broken Tooth

No matter what type of fracture has occurred, the injured patient should be seen by a dentist as soon as possible to increase the chances of treatment success.

DO

Remain calm

Encourage the injured person to do the same.

DO

Check

If the person has concussion or other injuries. Provide first aid if necessary.

DO

Call 000 for an ambulance

If the person has serious injuries.

DO

Attempt to locate the broken piece(s) of tooth

Store moist on the way to the dentist. Milk, saline, the person's saliva or water are fine.

DO

Clean the area

Do this gently using warm water or saline.

DO

Go to the dentist ASAP

The tooth should be reviewed by a dentist as soon as possible for the best chance of success.

We are committed to protecting the teeth of all athletes of Geelong. If you would like more information about first aid for dental injuries, mouthguards, or good nutrition for athletes of all ages, please feel free to contact us.

Call 5298 1020